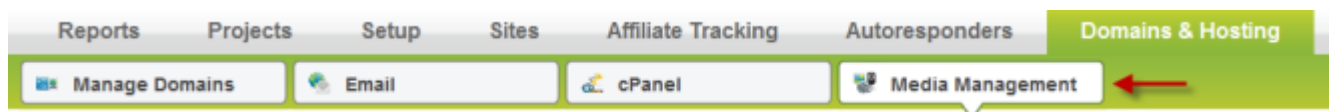


# How to Upload Your Media Files to FusionHQ CDN

FusionHQ subscribers have the option to upload the media files (*video, mp4 or mp3, etc.*) through FusionHQ CDN

Let's see how.

**Step 1:** Go to the "Domains & Hosting" tab and click "Media Management".

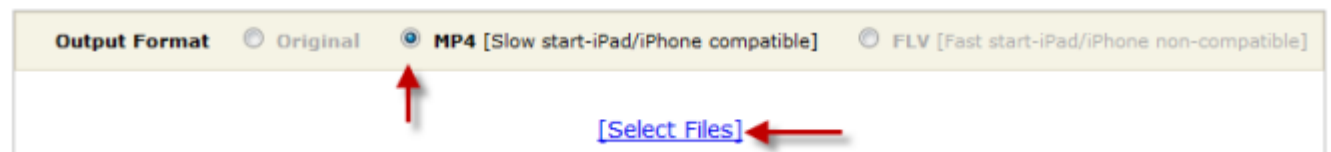


**Step 2:** Select "Output Format". There are 3 options to encode your media file:

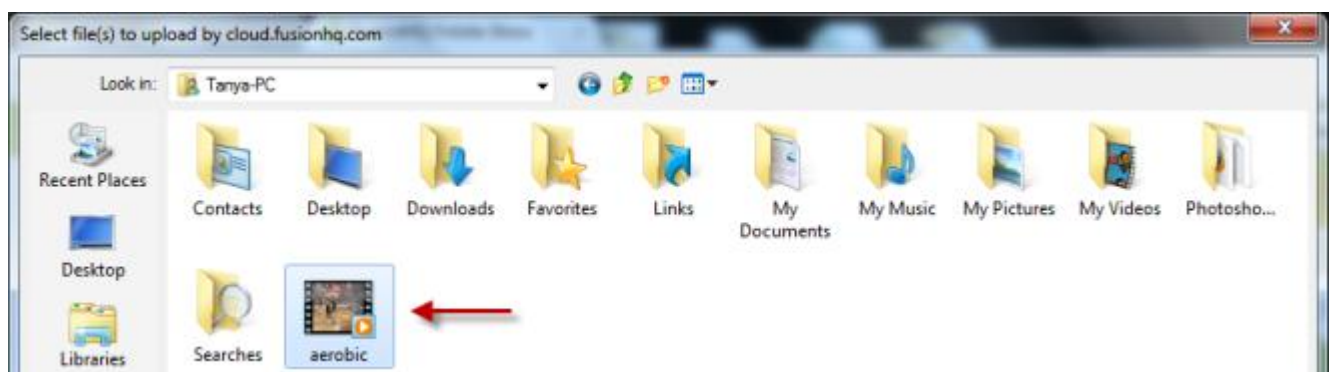
- 1) Select "Original" if your file is mp4 and you don't want to encode the file.
- 2) Choose "MP4" if your file is in another format and needs to be encoded. Your file will be compatible with iPads and iPhones.
- 3) Select "FLV" if you want your file to load quickly. Note, this file format is not compatible with iPads or iPhones.

The space limit of your package is 250 M (maximum file size for one file is 100M)

\*\* Please be aware that large files take time to propagate across the CDN network. You should allow at least 12hrs before making your videos live.



**Step 3:** Click "Select Files" to browse for a media file you wish to upload and encode from your computer.






**Step 4:** When your file is finished uploading, you need to refresh your screen.

**Output Format**  Original  **MP4** [Slow start-iPad/iPhone compatible]  FLV [Fast start-iPad/iPhone non-compatible]


aerobic.mp4 (21 MB) **100%**

[\[Select Files\]](#)

**Step 5:** Then your file will be encoded. Please wait. For large files, it can take approximately 10-12 hours.

File name	URL	Size	
14092010009.mp4	<a href="http://www.fusionhqmedia.com/cloudfiles/1643/14092010009.mp4">http://www.fusionhqmedia.com/cloudfiles/1643/14092010009.mp4</a>	13.88 MB	
aerobic.mp4	 Waiting for encode..	21.44 MB	

**Step 6:** Once your file is encoded, you can find its url next to its name.

File name	URL	Size	
14092010009.mp4	<a href="http://www.fusionhqmedia.com/cloudfiles/1643/14092010009.mp4">http://www.fusionhqmedia.com/cloudfiles/1643/14092010009.mp4</a>	13.88 MB	
aerobic.mp4	<a href="http://www.fusionhqmedia.com/cloudfiles/4293/aerobic.mp4">http://www.fusionhqmedia.com/cloudfiles/4293/aerobic.mp4</a>	60.32 MB	
123slideshow_com_115935.swf	<a href="http://www.fusionhqmedia.com/cloudfiles/4993/123slideshow_com_115935.swf">http://www.fusionhqmedia.com/cloudfiles/4993/123slideshow_com_115935.swf</a>	82.21 KB	
123slideshow_com_115935.swf	<a href="http://www.fusionhqmedia.com/cloudfiles/5003/123slideshow_com_115935.swf">http://www.fusionhqmedia.com/cloudfiles/5003/123slideshow_com_115935.swf</a>	82.21 KB	

**Step 7:** You can also select this video file directly in the "Streaming Media" element of the "Drag & Drop" menu to display it on your page.

**DRAG & DROP**

↶ ↷

Display Grid

Blank Space

Textbox 

Optin box 

Buy Now Button 

Image 

Download Link 

**Streaming Media** 

Insert Code 


Page Element 

**Element Options**

**Stream Media Options**

Type  Uploading Video  Uploading Audio

Stream Provider  CDN  URL / Youtube

URL   Upload new video file

Auto Start

Disable Control Bar

**Display Options**

Video Size  Fix  Custom

W x H